

Dr-283
J-95296

MINUTE SHEET
ARMY COLLEGE OF NURSING

File No: 2001/ACN/Accts/22

Sheet No. : One

Sub: CONDUCT OF PERSONALITY DEVP PGME (PDP).

1

1. It is submitted that the college is conducting Personality Devp Pgme (PDP) every year for the students of ACN. It is proposed to conduct PDP for IVth yr students this year also.

2. M/s Success Mantra Educare, Jalandhar had conducted PDP in Jan/Feb 2021 for Ist yr and IVth yr students of previous batch. The program was conducted satisfactorily and appreciated by the students and faculty concerned. This yr also the firm has been approached by the college for conduct of PDP for current batch of IVth yr students. The proposal recd from them are placed opposite for perusal. The total fin effect for conduct of PDP and proposed schedule is as per details given below:

Flag 'A'

| Sr No | Class | Proposed Schedule | Charges (incl taxes) |
|-------|-----------|-------------------|----------------------|
| (a) | IVth Year | 16-17 Aug 2022 | 29,500/- |
| | | Total | 29,500/- |

3.. In view of the above it is recommended that a sum of ₹ 29,500/- (Rupees twenty nine thousand five hundred only) may please be sanctioned out of Revenue Fund College account for conduct of PDP for IVth year students.

4. Put up for approval by the Principal, ACN please.

Ranadive
(Prof (Mrs) C Ranadive)
Vice Principal

09 Aug 2022

Registrar

09/8

Principal

Approved.
[Signature]
9 Aug '22

Ranadive

Principal
Army College of Nursing
Jalandhar Cantt

Tel No. 0201-2266167
E-mail : acn_mh@yahoo.co.in

Army College of Nursing
Deep Nagar, Jalandhar Cantt

Pr-283

2001/ACN/Accts/22

02 Sep 2022

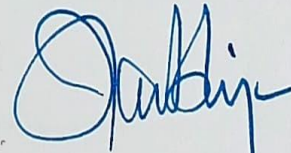
Success Mantra Educare
2404, Ajeet Vihar, Phase II
Dhilwan, Talhan Road
Jalandhar

PAYMENT OF BILL

1. Please refer to your bill No SM/ACN/2022/08/248 dt 29 Aug 2022.
2. ICICI Bank, Jalandhar Cantt Cheque No 000991 dt 01 Sep 2022 for ₹ 26,550/- (Rupees twenty six thousand five hundred fifty only) is fwd herewith towards payment of your above referred bill after deduction of tax at source (TDS) amounting to ₹ 2,950/-.
3. You are requested to forward official receipt for our records.

Encl : As above.

Received
V. Phani
9988245679


(HS Phagura)
Col (Retd)
Registrar



Principal
Army College of Nursing
Jalandhar Cantt

**SUCCESS MANTRA EDUCARE** (Regd.)

...Nurturing the young talent

J-95296

Ref. No. SME/ACN/2022/08/248Dated 29/Aug/2022

To,
The Principal,
Army College of Nursing
Deep Nagar
Jalandhar Cantt, Punjab

INVOICE NO: SME/ACN/2022/08/248

DATE : 29 AUG 2022

INVOICE

| Description | Amount (In Rs.) |
|---|-----------------|
| 1. Three days workshop on "Personality Development and Placement Training" for B.Sc. (Nursing) Final Year students from 16-18 Aug 2022. | 29,500 |
| Total (Rupees Twenty- Nine Thousand five hundred only) | 29,500 |

TDS @ 10%
Net Payable

| |
|--------------|
| 29500 |
| <u>29500</u> |
| <u>26550</u> |

Note:

- The bill is inclusive of all taxes.
- Make all Bank Transfer payable to [Company Name]

Bank : Punjab & Sind Bank
A/C No: 13 681 100 000 032
Deep Nagar, Jalandhar Cantt
IFS Code : PSIB 0021368

**SUCCESS MANTRA EDUCARE****(Authorised Signatory)**If you have any questions, contact Vinod Sharma | 9988245679 | vinod.smedu@gmail.com

THANK YOU FOR YOUR BUSINESS!

Principal
Army College of Nursing
Jalandhar Cantt

Col (Retd)
Registrar
Army College of Nursing
Jalandhar Cantt

- Regd. Office: 2404 Ajit Vihar Phase -2, Dhilwan Road Jalandhar. Contact : 8360316856
- Branch 1: 92, Puran Road, Near Vajra Sainik Institute, Jalandhar Cantt. Contact 9988245679
- Branch 2: 22, Panchsheel Avenue, Deep Nagar, Jalandhar Cantt. Contact 9988245679
- Branch 3: Near Air Force Station, Dhaki Chowk, Pathankot. Contact 9988245679

283



SUCCESS MANTRA EDUCARE (Regd.)

...Nurturing the young talent

Ref. No. SME/2022/ACN212

Dated 08 Aug 2022.

To,

The Principal,
Army College of Nursing,
Deep Nagar, Jalandhar Cantt

Sub: Proposal for Training and Development session for B. Sc (Nursing)- Final year Batch

Dear Sir,

It gives us an immense pleasure to introduce our self as an Educational and Coaching Institute in Punjab. The major objective of this proposal to appraise you about our educational and training services.

Exerting influence on Nursing students

Professional knowledge and skills are an essential aspect of effective nursing practice. From these sessions, students have shown significant improvement in their confidence and level of communication.

Topics to be covered during this session

- ✓ Soft-Skills Development
- ✓ Language and Communication Skills
- ✓ Analytical Skills
- ✓ Human Value Development
- ✓ Personal and Psychological Development
- ✓ Employability Skills

Commercials

Charges for three days session will be Rs. 29,500 (inclusive of all taxes).

We look forward to your comments and approval.

Regards

Vinod Sharma
Director- Marketing (Mob- 9988245679)
Email: vinod.smedu@gmail.com



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Principal

Principal
Army College of Nursing
Jalandhar Cantt



SUCCESS MANTRA EDUCARE (Regd.)

...Nurturing the young talent

Ref No

Dated

DAY WISE TRAINING CALENDER

| S.No. | Day | Time | Name of Module | Description of the Module |
|-------|-------|-------------|--|--|
| 1 | One | First Half | Soft-Skills Development | Critical Thinking Problem Solving Barrier to communication |
| 2 | One | Second Half | Language and Communication Skills | Grammar Reading Skills Writing Skills |
| 3 | Two | First Half | Analytical Skills | Thinking Process Reasoning Skills Brainstorming |
| 4 | Two | Second Half | Human Value Development | Interpersonal Relations Self Discipline Awareness of Media Dangers |
| 5 | Three | First Half | Personal and Psychological Development | Competitive Skills Career Options |
| 6 | Three | Second Half | Employability Skills | CV Writing Interview Skills |
| 7 | Three | Second Half | Feedback Session | Feedback would be taken from students regarding all modules |



SUCCESS MANTRA EDUCARE

(Authorised Signatory)

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Arshita

Principal
Army College of Nursing
Jalandhar Cantt

Capability enhancement and development schemes

Army College of Nursing is focusing on the overall development of its students. As leadership management focus on quantitative/ hard skills but soft skills are even much important to learn as professionals. So our college put efforts to enhance soft skills of the students by arranging three days Personality Development Programme (PDP) for B.Sc Nursing 4th year students. The main aim of these PDP's is to make outgoing batch ready to accept challenges of work place and develop their leadership skills to enhance professional growth. The other soft skills comprises a Great Professionalism, Effective Communication, Critical thinking, Problem solving and Decision making are also taught to the students as a part of Personality Development Programme. College also provides exclusive training for various competitive exams and higher level job opportunities.

Besides regular class rooms teaching and aptitude training for higher level job opportunities involving enhanced skills is provided separately in the form of extra classes on Saturday and Sunday and in the evening after normal class hours on regular working days.

In order to spread awareness about healthy lifestyle, yoga plays a pivotal role. Yoga and meditation programs are becoming increasingly important as students today face an overwhelming amount of pressure and stress in their lives. And that takes a toll on mental health.

Objectives

- Understanding the importance of maintaining good health both physically and mentally.
- To teach the methods of warding of unnecessary stress and improving their concentration.
- To promote an eco-friendly environment through inclusive Growth.

The students learn yoga and its health benefits through the celebrations of World Yoga Day and further incorporate this habit in their day to day life. Army College of Nursing aims to focus on self awareness, self discipline and sense of responsibility. To inculcate these qualities college offers variety of life skills offerings that nurtures and empowers the students to face and adverse situation in personal and professional life. Importance of life skills taught through a series of interactive activities, Discussions, Group activities, psycho-education, Role play, PPT Presentation etc which stimulates both group and individual learning with the specific aim of developing life skills.

Students have conducted workshop on organizational behavior and discussed in detail about human relations.



Principal
Army College of Nursing
Jalandhar Cantt

**ARMY COLLEGE OF NURSING JALANDHAR CANTT
WEEKLY YOGA SCHEDULE SESSION 2021 TO 2022**

| DAYS | CLASS | YOGASNA |
|------------------|--|------------------------------------|
| MONDAY | B.Sc NURSING 1ST YEAR | PADAHASTASANA |
| TUESDAY | B.Sc NURSING 2ND YEAR | GOMUKHASANA |
| WEDNESDAY | B.Sc NURSING 3RD YEAR | VRIKSHASANA |
| THURSDAY | B.Sc NURSING 4TH YEAR | TADASANA |
| FRIDAY | B.Sc NURSING 1ST YEAR | UTKATASANA MARJARIASANA |
| SATURDAY | B.Sc NURSING 1ST YEAR B.Sc NURSING 4TH YEAR | DHANURASANA NAVASANA |



**Principal
Army College of Nursing
Jalandhar Cantt**